

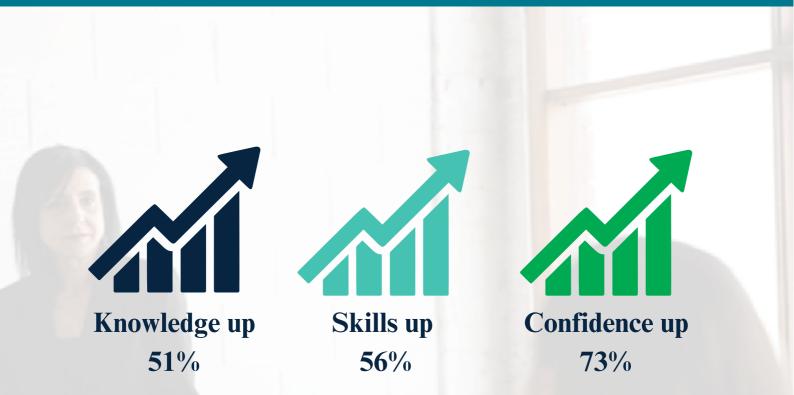
## Our training is enhancing the skills of your workforce

On 6 September 2023 we delivered the Understanding Cognitive Behaviour Therapy workshop to 9 participants.

## The feedback was outstanding

9 out of 10 would recommend the training to others Satisfaction was rated 10 out of 10 Relevance to their work was rated 10 out of 10

66 Paula was a very engaging and knowledgeable facilitator. Participants showed significant increases in knowledge, skills and confidence.



Your workforce might also be interested in these other workshops:

- Trauma Informed Care
- Emotion Regulation: Skills for managing client distress
- The Brain Workshop
- Working with Families with AOD Issues

