



360edge.

Our training is enhancing the skills of your workforce

On 6 September 2023 we delivered the Understanding Cognitive Behaviour Therapy workshop to 9 participants.

The feedback was outstanding

9 out of 10 would recommend the training to others

Satisfaction was rated 10 out of 10

Relevance to their work was rated 10 out of 10

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Paula was a very engaging and knowledgeable facilitator.

Participants showed significant increases in knowledge, skills and confidence.



Knowledge up

51%



Skills up

56%



Confidence up

73%

Your workforce might also be interested in these other workshops:

- Trauma Informed Care
- Emotion Regulation: Skills for managing client distress
- The Brain Workshop
- Working with Families with AOD Issues